



FOR IMMEDIATE RELEASE

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HPTC NOW OFFERING SERVICES AT THE FREEDOM CENTER

Haymarket Physical Therapy & Chiropractic open to members and non-members of the Freedom Center.

Gainesville, VA—March 5, 2011—Haymarket Physical Therapy & Chiropractic (HPTC) is pleased to announce that it is now offering services at the Freedom Aquatic and Fitness Center located in Manassas, VA. Open to both members and non-members of the Freedom Center, this additional location will provide HPTC patients with another convenient option, and Freedom Center members with on-location physical therapy and chiropractic care. “The Freedom Center is the perfect community for us to share our knowledge. We are thrilled to have the opportunity to be on site,” noted HPTC’s Dr. Joshua Cole, DC.

As a chiropractic and physical therapy practice, HPTC specializes in the assessment, treatment and prevention of painful conditions that affect muscles, nerves and joints. Beginning March 7, 2011, Dr. Cole will be providing services at the Freedom Center on Monday and Wednesday from 8:00–Noon and 3:00–6:00, and Friday from 8:00–Noon. Appointments can be made by contacting HPTC’s Gainesville office at (703) 753-0974 or via email at clientcare@haymarketphysicaltherapy.com.

With Haymarket Physical Therapy & Chiropractic’s strength in sports medicine, this association with the Freedom Center is a perfect fit that will benefit Freedom Center members in more than one way. Beginning in March, Dr. Holly Moriarty, DC and Dr. Cole will speak on various health and active lifestyle related topics. Upcoming lectures include:

Post Workout Nutrition – March 11th, 6:00 p.m.

Injury Prevention – March 12th, 1:30 p.m.

Located at 10900 University Blvd. on the Prince William campus of George Mason University, the Freedom Center’s 110,000 square foot facility features a full gymnasium, cardio, aerobic and strength studios, racquetball courts, a child care center, two pools, and a full range of adult and youth programming. Heralded as a national model for community wellness, the Center is the result of an innovative joint partnership between George Mason University, Prince William County and the City of Manassas.

With his extensive experience treating athletes, Dr. Cole is “excited to be able to help people reduce their pain by focusing on whole body health.” Adds Dr. Cole, “Being able to provide therapeutic services at one of the largest aquatic and fitness centers in Northern Virginia will give individuals who lead active lifestyles the ability to access care and treatment more conveniently.”

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Haymarket Physical Therapy & Chiropractic's main office is located at 14535 John Marshall Highway, Suite 203 in Gainesville, VA 20155. HPTC is also available for appointments at the Freedom Aquatic and Fitness Center by calling (703) 753-0974. In addition to sports medicine, the practice provides full service physical therapy services, chiropractic care, strength & conditioning, acupuncture, and massage therapy services. HPTC can be reached by calling (703) 753-0974 or by visiting its website at <http://www.haymarketphysicaltherapy.com>. Most insurance plans are accepted.